Welcome to CCEI116A

This course addresses the importance of early and consistent oral health care for young children from birth to age five. Participants will learn methods for promoting good oral health practices in the classroom as well as in the home.

Course Objectives:

By taking notes on the handout and successfully answering assessment questions, participants will meet the following objectives as a result of taking this course:

- Identify the characteristics of Dental Decay and Dental Caries
- Identify the reasons that it is important to pay attention to oral health
- Recognize the connection between bacteria, sugar, and tooth decay
- List the causes of tooth decay and methods to prevent tooth decay
- Identify classroom and home strategies that support oral health

During this course, participants are expected to reflect and write about topics related to their own learning and teaching experiences in relation to course content.

References:


Info Tooth video. https://www.youtube.com/watch?v=41wpZbxT7A4

Oral Health

Define dental decay:

By the age of 11, approximately _________ children have experienced tooth decay, and by age 17 that number rises as high as ____ percent of all children.

According to the CDC, which children are most likely to experience untreated tooth decay?
Define *dental caries*:

**The Benefits of Healthy Teeth**

Explain why good oral hygiene is important for a child's development:

**Baby Teeth**

Decay in baby teeth is serious and may lead to:

**The Causes of Tooth Decay**

Define dental plaque:

**Bacteria + Sugar + Tooth = Decay**

Explain how sugar causes tooth decay:

Why is it important to check food labels?

Explain the phrase *how often is more important than how much* as it relates to tooth decay and sugar:

Why shouldn’t children drink soda?
Infant Feeding
List 4 tips for promoting oral health in infants:

Development of Permanent Teeth
Development of primary teeth begins during the ______ month of pregnancy and is complete when the child is ________ old.

Tooth eruption is the term used to describe the appearance of primary teeth, also known as baby teeth. In general, primary tooth eruption occurs according to the following time frame:

- Incisors erupt at about ______
- __________________ erupt at one year
- _________ erupt at about 16–20 months
- Second molars erupt at ___ years

Good Oral Hygiene Habits

Oral Hygiene for Infants

Infants’ teeth should be cleaned:

Proper Brushing Technique:

It is important to:

What is fluoride and why is it important?

Program Considerations

Why is it important for families to be involved?
What are some strategies early care providers and use to help ensure that families understanding the importance of good oral hygiene?

Try This!

Oral Hygiene Curriculum Components

Here are some suggestions for advancing good oral hygiene habits in the early childhood environment:

- Set up a center with props for dental care, including tooth brushes for dolls
- Read age appropriate books on brushing teeth, healthy eating, and visiting the dentist
- Schedule field trips to a local dentist, or ask a local dentist to stop in for a visit