CCEI118- Shaken Baby Syndrome - Handout

Welcome to CCEI118

This course addresses the importance of understanding and preventing shaken baby syndrome, a devastating form of physical child abuse that occurs in homes as well as in the child care environment.

Course Objectives:

By taking notes on the handout and successfully answering assessment questions, participants will meet the following objectives as a result of taking this course:

- Define shaken baby syndrome
- Identify the causes of shaken baby syndrome
- Identify the symptoms of shaken baby syndrome
- Identify long-term effects of shaken baby syndrome
- Identify strategies and practices for preventing shaken baby syndrome in the child care setting
- Identify tips for educating parents about shaken baby syndrome

References:


National Resource Center for Health and Safety in Child Care and Early Education, Caring for Our Children: National Health and Safety Performance Standards:


Course Notes:

Use the space below to take notes about the important facts contained in this course.
Abusive Head Trauma and Shaken Baby Syndrome

Define *abusive head trauma:*

Define *shaken baby syndrome:*

**General Information about SBS**

Statistics:

**Why does Shaken Baby Syndrome Occur?**

Shaken baby syndrome is almost always caused by:

There is a greater risk of SBS if the child’s parent or caregiver is:

1. 

2. 

3. 

**What Happens When a Baby is Shaken?**

An infant’s head is _________________________________.

In addition, a baby’s neck muscles are _________________.

SBS occurs when a parent or caregiver shakes a baby for as little as _________________.

2 of 5
Shaking (and blunt force) can cause:

- 
- 
- 
- 
- 

**The Symptoms of Shaken Baby Syndrome**

The severity of symptoms depends on:

1. 
2. 
3. 

Severe cases may result in:

Less severe cases may result in:

**The Diagnosis of Shaken Baby Syndrome**

A diagnosis of SBS (medically speaking, abusive head trauma) is given when the following symptoms are present:

1. 
2. 
3.
Why might it be difficult for a doctor to diagnose a child with shaken baby syndrome?

The Long-Term Effects of Shaken Baby Syndrome

__________ % percent of all babies who experience SBS die.
Babies who survive SBS may suffer from the following long term effects:

What To Do When You Suspect Shaken Baby Syndrome

Emergency procedures if an infant is found unresponsive:

1.

2.

3.

4.

5.

6.

DO NOT!

1.

2.

Shaken baby syndrome is considered child abuse. As a child care professional, you are mandated to report child abuse. Follow the Policies and Procedures your center has in place regarding the reporting of child abuse.
Prevention of Shaken Baby Syndrome in the Child Care Setting

The Period of PURPLE Crying Campaign is designed to:

PURPLE stands for:
P
U
R
P
L
E

Shaken Baby Prevention Tips for Caregivers

See Job Aide for printable tips for caregivers.

Ways to reduce caregiver stress:

Helping Parents Understand Shaken Baby Syndrome

See Job Aide for printable tips for parents.

Ways to educate and communicate with parents: